



Market Update: January 24, 2022

“Good things grow in Ontario”:

Macintosh Apples, Honeycrisp Apples, Gala Apples, Courtland Apples, Empire Apples, Northern Spy Apples, Gold Delicious Apples, Red Delicious Apples, Beets, Bok Choy, Napa, Cabbage, Celery Root, Cucumber English, Mushrooms, Onions (Cooking), Hot house Tomatoes, Cluster Tomatoes, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, Russet),

Alert: Multiple Products up in price do too Transportation, and product Availability.

Fruit

Apples

Good availability on both Ontario and Washington apples as more new crop varieties become available.

Macintosh, Gala, Honeycrisp, Courtland, Empire, Northern Spy, Red and Golden Apples are available

Pears

Bartlett, Bosc and Anjou are available, Product from USA new Crop

Melons

We have good availability on Cantaloupes, Honeydew size 8's will be short this week, Watermelons from Mexico

Grapes

We have great quality on Peru Red and Green Grapes. Cotton Candy Grapes (very Limited) are SPO

Kiwi

Product of New Zealand. Golden Kiwi is now available Special Order only.

Citrus

Clementines

Product from Morocco, 15x2lb, 30lb, and 4lb Cases now available

Oranges

Product of USA.

Juice Oranges

Product from Florida

Grapefruit

Product from South Africa

Lemons

Quality is good, Product of Mexico/Spain

Limes

Great Quality we have Switched to 48 count and 230 count only.

Pineapple

Excellent Quality, Product of Costa Rica, Price Has come down.

Berries

Blackberries

Market steady and good availability from Mexico.

Raspberries

Raspberries product of Mexico.

Strawberries

Strawberries product of Florida/Mexico, Good Volumes

Blueberries

Product of Mexico, Limited Product

Vine and Tropical

Bananas

Product from Costa Rica and Ecuador, Price has come down but not to normal

Stone fruit

Chilean Season has started. Peaches, Nectarines, and plums (SPO only)

Avocados

We have seen a further slowing in harvest from Mexico. Product is coming in green and hard.

Pomegranates

Pomegranates from Israel are available with good volume. And good sizing (Jumbo).

Mangoes

Mangoes from Mexico are available with good volume.

Vegetables

Broccoli

Moderate supplies as the US bunch market is getting active. Expecting strong market for a while.

Broccoli Crowns are available with limited quantities.

Cauliflower

Product of USA, Very Limited Quantities currently at the market

Cabbage

Local Red and Green Cabbage is now available, Savoy Special Order

Eggplant

Eggplant is now from USA/Mexico

Brussels Sprout

Product from Mexico, near the end of the season, waiting for new crop USA

Asparagus

Product from Mexico, back to 11lb Cases

Beans

Green Beans are Mexican now

Peppers

Yellow, Red and Orange Peppers Are Green House Grown, Green Peppers are product of USA/Mexico

Celery

Product of USA

Seedless Cucumbers

We are now into Ontario cucumbers. Looks like there will be good Ontario product from here on. Very Limited Quantities currently at the market

Lettuce & Greens

Iceberg Lettuce, Romaine is Product of Arizona

Hot House & Cluster Tomatoes

Product of Canada, Cluster Tomatoes are SPO

Tomatoes

Grape Tomatoes, Roma Tomatoes are Product of Mexico.

All round tomatoes cost has come down Product of East Coast USA

Onion

Red, Spanish, White, Sweet and cooking Onions Now available

Squash

Product of Mexico

Carrots

Market remains steady with good quality, Product of Canada

Corn

USA corn cost is still very high and very Limited this week

Zucchini

Product of Mexico, Yellow Zucchini is available

Potatoes

Yukon Gold Potatoes, and Russet Potatoes. **Bud the Spud has Started!!**

Good Buys

Red Peppers 11lb

Yellow Peppers 11lb

Orange Peppers 11lb

Local Radishes

Local Hot House Tomatoes

Local Cabbage

Sweet Potatoes

Local Jumbo Carrots

Bud The Spud Potatoes

